

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1. Swiss Steak with Tomatoes, Onions, and Peppers Mashed Potato Bake Scandinavian Vegetables Bread, Milk Tropical Fruit	2. Bratwurst with Onions and Peppers and Mustard Au Gratin Potatoes Parsleyed Carrots Bread, Milk Pineapple, Peaches, and Mandarin Oranges	3. Spaghetti with Meat Sauce Garlic Bread California Vegetables Milk Tossed Salad with Italian Dressing Fruit Cocktail
6. Hamburger Stroganoff over Mashed Potatoes Cabbage and Carrots Cinnamon Apples Bread, Milk Pickled Beets	7. Broccoli Cheese Soup Corn Bread, Butter Mixed Vegetables Bread, Milk Chicken Salad, Crackers Pineapple, Mandarin Oranges	8. Hawaiian Meatballs Coconut Rice Orange Glazed Carrots Bread, Milk Plums	9. Baked Cod with Dill Sauce Parsley Lemon Potatoes Peas and Pearl Onions Bread, Milk Tropical Fruit	10. Oven Fried Chicken with Gravy Golden Couscous California Vegetables Bread, Milk Applesauce
13. Curried Chicken over Brown Rice Hot Fruit Compote Sugar Snap Stir Fry Vegetables with Red Peppers Bread, Milk Carrot Cranberry Salad	14. Country Steak Mashed Potatoes with Cream Gravy Squash Medley Bread, Milk Banana	15. Chicken Enchilada Casserole Refried Beans Mixed Vegetables Bread, Milk Pineapple	16. BBQ Pork Cheesy Mashed Potatoes Green Beans with Red Peppers Bread, Milk Tropical Fruit	17. Beef Stew Corn Bread, Butter Buttered Cabbage Bread, Milk Peaches
20. Sloppy Joe Calico Baked Beans Squash Medley Bread, Milk Fruit Cocktail	21. Baked Fish with Lemon and Tartar Sauce Quinoa Pilaf Creamed Peas Bread, Milk Tropical Fruit Salad	22. Turkey with Stuffing and Gravy Orange Sweet Potatoes with Walnuts Green Bean Casserole Whole Wheat Roll, Butter, Milk Cranberry Sauce Pumpkin Dessert		24. Salisbury Steak Mashed Potatoes and Gravy Buttered Beets Bread, Milk Tropical Fruit
27. Cheeseburger Pie Succotash with Edamame Cinnamon Apples Bread, Milk Tropical Fruit Salad	28. Baked Chicken with Sundried Tomato Sauce Wild Rice Pilaf Brussel Sprouts Bread, Milk Peaches	29. Roast Pork Loin Mashed Potatoes with Gravy Ratatouille Bread, Milk Pineapple, Mandarin Oranges	30. Scottish Chicken Soup Cinnamon Baked Apples Broccoli Bread, Milk Egg Salad, Crackers Raisins	