

## MEALS ON WHEELS

May 2017  
(970) 667-0311

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Chicken A La King over Brown Rice Broccoli Hot Fruit Compote Bread, Milk Pears	2. Chili Mac Squash Medley Corn with Red Peppers Bread, Milk Tropical Fruit	3. Chicken Parmesan Lemon Risotto Green Beans and Onions Bread, Milk Orange	4. Baked Cod Florentine Apricot Walnut Couscous California Vegetables Bread, Milk Plums	5. Porcupine Meatloaf with Sundried Tomato Sauce Baked Potato with Butter, Sour Cream Peas Bread, Milk Peaches
8. Sweet and Sour Chicken Meatballs Brown Rice Pilaf Sugar Snap Stir Fry Bread, Milk Pineapple	9. Pork Paprika over Noodles Cauliflower with Cheese Sauce Parsley Carrots Bread, Milk Applesauce	10. Salisbury Steak with Tomatoes, Onions and Peppers Mashed Potato Bake Green Beans, Corn and Carrots Bread, Milk Tropical Fruit	11. Scottish Chicken Soup Corn Bread, Butter Broccoli Milk Egg Salad, Crackers Apple Sparkle Gelatin	12. Lasagna Garlic Bread Santa Barbara Vegetables Milk Tossed Salad, Dressing Coffee Cake
15. Country Steak Mashed Potatoes with Gravy Parsley Carrots with Edamame Bread, Milk Tropical Fruit	16. Baked Cod with Lemon & Tartar Sauce Stewed Tomatoes Creamed Peas Bread, Milk Banana	17. Sloppy Joe Succotash Cinnamon Apples Bread, Milk Orange	18. Country Captain Chicken Polenta with Cheese Green Beans with Carrots Bread, Milk Peaches, Pineapple and Mandarin Oranges	19. Pork Roast with Apple Chutney Sweet Potatoes California Vegetables Bread, Milk Fruit Cocktail
22. Spaghetti with Meat Sauce Garlic Bread Italian Vegetables Bread, Milk Tropical Fruit	23. BBQ Chicken Oven Browned Potatoes Squash Medley Bun, Milk Orange	24. Krautburger Bake Green Beans, Onions, and Bacon Glazed Beets Bread, Milk Peaches	25. Roast Turkey with Gravy Apple Yam Bake Spinach with Hollandaise Sauce Bread, Milk Ambrosia	26. Beef Stroganoff over Noodles Curried Peaches Peas and Celery Bread, Milk Creamy Coleslaw
29. Teriyaki Chicken Tenders Lo Mein Noodles Sugar Snap Stir Fry Vegetables Bread, Milk Pineapple	30. Hawaiian Meatballs Brown Rice Pilaf Oriental Cabbage Bread, Milk Apricots	31. Chicken Club Salad on Lettuce Quinoa Pilaf Tropical Fruit and Grapes Bread, Milk Orange Beet Salad		